

State Records

ARCHERY

Compound Finger

F	50	761	BLAKEY-TAYLOR, LYNN	NORTH BRANCH, MI	2009
F	55	696	WISSER, SHERRI	BRIGHTON, MI	2004
F	60	650	WISSER, SHERRI	BRIGHTON, MI	2006
F	65	696	WISSER, SHERRI	BRIGHTON, MI	2010
M	50	695	KERSJES, ROBERT	CORUNNA, MI	2000
M	55	796	TAYLOR, DENNIS	NORTH BRANCH, MI	2003
M	60	790	TAYLOR, DENNIS	NORTH BRANCH, MI	2008
M	65	755	HAMANN, KENNETH	COMMERCE TWP, MI	2015
M	70	758	KELLY, THOMAS	FRANKENMUTH, MI	2007
M	75	763	KELLY, THOMAS	FRANKENMUTH, MI	2011
M	90	604	HOBACK, SILAS	DEARBORN, MI	2000

Compound Release

F	50	881	SWIRLES-DUNCAN, SANDIE	ROMULUS, MI	2013
F	55	867	HARDESTY(SWIRLES), SANDIE	ROMULUS, MI	2015
F	60	824	COLLINS, GLENIS	WESTLAND, MI	2014
F	65	798	THOMAS, DOLORES	ATLANTA, MI	1996
F	75	238	WEYHING, JUNE B	WATERFORD, MI	2007
M	50	882	HIGGS, JEFFREY	HOWELL, MI	2013
M	55	884	CAMPBELL, GLENN	LINCOLN PARK, MI	2003
M	60	873	CAMPBELL, GLENN A	LINCOLN PARK, MI	2011
M	65	876	CAMPBELL, GLENN A	LINCOLN PARK, MI	2013
M	70	872	BISHOP, CHARLES	CONSTANTINE, MI	2015
M	75	849	MIANO, JOSEPH	WEST BRANCH, MI	2014
M	80	706	SINGLE, CHARLES	ANN ARBOR, MI	2006
M	90	589	HOBACK, SILAS	DEARBORN, MI	2003

Recurve

F	50	494	HELLER, JANICE	WARREN, MI	2004
F	55	636	GINEBAUGH, ELIZABETH	GRAND RAPIDS, MI	2015
F	60	512	SERRA, PAULA	WATERFORD, MI	2008
M	50	838	BOOTH, THOMAS	BRIGHTON, MI	2005
M	55	824	BOOTH, THOMAS	BRIGHTON, MI	2010
M	60	833	BOOTH, THOMAS	BRIGHTON, MI	2014
M	65	819	ROBINSON, STEVE	BUCYRUS, MI	2006
M	70	771	RIDER, ROY	JACKSON, MI	2003
M	75	720	RIDER, ROY	JACKSON, MI	2010
M	80	757	RIDER, ROY	JACKSON, MI	2014

Barebow Recurve

F	55	529	REAUME, ALICE	DETROIT, MI	2014
F	60	515	VASKO, WANDA	RIVERDALE, MI	2004
M	50	750	POWELL, JAMES	GRAND LEDGE, MI	2004
M	55	701	POWELL, BILL	ROSE CITY, MI	2006
M	60	704	POWELL, WILFRED	ROSE CITY, MI	2008
M	65	644	POWELL, WILFRED	ROSE CITY, MI	2012
M	70	668	BEAN, CAROLD (BILL)	OXFORD, MI	2014
M	75	485	TARKOWSKI, DANIEL	BAY CITY, MI	2013
M	80	485	KING, HOWARD	MIDLAND, MI	2014

Barebow Compound

M	70	673	JALON, PAUL	TROY, MI	2012
M	75	560	JALON, PAUL	TROY, MI	2014

BOWLING

Women's Doubles

F	50	974	SPENCER, PRISCILLA	FLINT, MI	1999
F	50	974	FRIEND, PAT	FLINT, MI	1999
F	55	1060	COBB, TORY	KALAMAZOO, MI	1994
F	55	1060	THORNTON, RUTH	KALAMAZOO, MI	1994
F	60	1044	COBB, TORY	KALAMAZOO, MI	1996
F	60	1044	THORNTON, RUTH	KALAMAZOO, MI	1996
F	65	1022	REVOLDT, LEONA	CLARKSTON, MI	1991
F	70	1001	GLUSAC, EDITH	DETROIT, MI	1996
F	70	1001	KALTZ, LORRIE	DECKERVILLE, MI	1996
F	75	917	LEVERETT, RACHEL	LANSING, MI	2000
F	75	917	WILKINSON, MARY	LANSING, MI	2000
F	80	960	HIGGINBOTHAM, LUPHILIA	INKSTER, MI	1996
F	80	960	MCNEIL, PECIE	DETROIT, MI	1996
F	90	697	KIRKEGAARD, ESTHER	PORT HURON, MI	1996
F	90	697	SIMMONS, DOROTHY	MARYSVILLE, MI	1996

BOWLING

Men's Doubles

M	50	1340	LAREGINA, JOSE	MIDLAND, MI	2001
M	50	1340	REBANT, JAMES	MIDLAND, MI	2001
M	55	1355	FRIEDMAN, MORT	WEST BLOOMFIELD, MI	1996
M	55	1355	HOROWITZ, PHILIP	WEST BLOOMFIELD, MI	1996
M	60	1330	CAPALDI, AMERICO	CANTON, MI	2012
M	60	1330	HOROWITZ, PHILIP	W BLOOMFIELD, MI	2012
M	65	1291	SWORDES, DOUGLAS	OXFORD, MI	2000
M	65	1291	FUNKE, WILLIAM	LIVONIA, MI	2000
M	70	1337	LAUGHLAND, WILLIAM	WINDSOR ONTARIO	2002
M	70	1337	MCNABB, LLOYD	WARREN, MI	2002
M	75	1275	BELL, ROBERT	WARREN, MI	2001
M	75	1275	FOSTER, JOE	PONTIAC, MI	2001
M	80	833	LESNEK, JOSEPH	WALLED LAKE, MI	2002
M	80	833	RUSSELL, NILE	WALLED LAKE, MI	2002
M	85	970	BOESENHOFER, JOHN	TOLEDO, OH	1996
M	85	970	BROWN, RUSSELL	TOLEDO, OH	1996

Mixed Doubles

F	50	1096	DIETRICH, NANCY	CLINTON TWP, MI	2009
F	55	1108	MURRAY, DEBRA	CONCORD, NC	2012
F	60	1317	MOHACSI, MARY	LIVONIA, MI	1996
F	65	1203	MOHACSI, MARY	LIVONIA, MI	2000
F	70	1112	CONVERSE, MARION	TROY, MI	1996
F	75	1056	CARR, ALICE	REDFORD, MI	1999
F	80	972	HUBENTHAL, MYRTLE	GRAND RAPIDS, MI	1999

F	85	878	RUSSELL, MARGARET	WALLED LAKE, MI	2010
M	50	1096	HAKALA, EDWARD P	CLINTON TWP, MI	2009
M	55	1108	MURRAY, KEVIN	CONCORD, MI	2012
M	60	1317	FUNKE, WILLIAM	LIVONIA, MI	1996
M	65	1203	FUNKE, WILLIAM	LIVONIA, MI	2000
M	70	1112	CONVERSE, JACK	TROY, MI	1996
M	75	1056	CARR, LEONARD	REDFORD, MI	1999
M	80	972	HUBENTHAL, EARL	GRAND RAPIDS, MI	1999
M	85	878	RUSSELL, NILE	WALLED LAKE, MI	2010

Singles

F	50	581	DIETRICH, NANCY	CLINTON TWP, MI	2009
F	55	575	THORNTON, RUTH	KALAMAZOO, MI	1996
F	60	640	MOHACSI, MARY	LIVONIA, MI	1996
F	65	593	VIEIRA, MARIE	CLARKSTON, MI	2002
F	70	524	ALLEN, MARY	WAYNE, MI	1991
F	75	521	OGG, ANNABELLE	WATERFORD, MI	1996
F	80	505	HIGGINBOTHAM, LUPHILIA	LANSING, MI	1999
F	85	423	RUSSELL, MARGARET	WALLED LAKE, MI	2010
F	90	391	CROUCH, PAT	HOWELL, MI	1999
M	50	715	EATMON, DAVID	FERNDAL, MI	2008
M	55	708	REBANT, JAMES	MIDLAND, MI	2001
M	60	733	HOROWITZ, PHILIP	WEST BLOOMFIELD, MI	2002
M	65	711	WELLS, GENE	OSSES, MI	2002
M	70	756	LAUGHLAND, WILLIAM	WINDSOR ONTARIO	2002
M	75	691	LEAVY, EDWARD	ROSEVILLE, MI	2008
M	80	668	LEAVY, EDWARD	ROSEVILLE, MI	2012
M	85	583	HUBENTHAL, EARL	GRAND RAPIDS, MI	2002
M	90	549	LOKERS, RAYMOND	HAMILTON, MI	2008
M	95	456	KALES, JAMES	BONITA SPRINGS, FL	2012
M	100	415	KALES, JAMES	WHITMORE LAKE, MI	2014

CYCLING

5K Time Trial

F	50	8:06.958	CAVENDER, DEBRA	TROY, MI	2010
F	55	8:02.296	ANDREWS, LEE	AURORA, ON	2010
F	60	8:28.862	BOUDREAU, NANCY	ANN ARBOR, MI	2013
F	65	8:25.00	DOUD, LORIS	BATTLE CREEK, MI	1991
F	70	10:24.985	SANDERSON, JANET	QUINCY, MI	2009
F	75	10:01.554	SANDERSON, JANET	QUINCY, MI	2010
F	80	11:56.76	BRENNAN, JANICE	FARMINGTON HILLS, MI	2008
M	50	7:01.00	BAUMAN, MICHAEL	HILLSDALE, MI	2000
M	55	6:57.013	GILBOE, WILLIAM J	OAKLAND, MI	2009
M	60	6:52.00	WEBB, TEDD	ONTARIO, CANADA	1993
M	65	7:00.3	MCLELLAN, DOUGLAS	WATERFORD, MI	2012
M	70	7:38.00	HOGARTH, EDWARD	PORT PERRY ONTARIO	2002
M	75	8:01.302	O'ROURKE, THOMAS	WEST BLOOMFIELD, MI	2010
M	80	8:01.7	GROVE, CARL	BRISTOL, IN	2012
M	85	10:07.00	MCGRATH, BRIAN	ONTARIO, CANADA	1999
M	90	27:18.00	BUTTERS, EDWIN	COLDWATER, MI	2003
M	95	29:39.00	BUTTERS, EDWIN	COLDWATER, MI	2004

10K Time Trial

F	50	16:06.970	CRANSON, JOANN	LAKE ODESSA, MI	2014
F	55	16:56.65	ANDREWS, LEE	AURORA, ON	2008
F	60	16:43.741	BOUDREAU, NANCY	ANN ARBOR, MI	2014
F	65	17:06.00	STRALEY, SUE	FLUSHING, MI	2001
F	70	19:48.00	BRENNAN, JANICE	FARMINGTON HILLS, MI	2001
F	75	21:13.560	SANDERSON, JANET	QUINCY, MI	2010
F	80	23:38.3	SANDERSON, JANET	QUINCY, MI	2015
M	50	14:12.43	GILBOE, WILLIAM	OAKLAND, MI	2007
M	55	14:14.00	GREGG, ROBERT	ESCANABA, MI	2001
M	60	13:17.0	GILBOE, WILLIAM	OAKLAND, MI	2015
M	65	14:06.00	SHULL, SAMUEL	MIDLAND, MI	2001
M	70	14:44.00	HUYGHE, ANTOON	DETROIT, MI	2001
M	75	16:17.00	FEDRIGON, DON	ELK RAPIDS, MI	2001
M	80	16:19.2	GROVE, CARL	BRISTOL, IN	2012
M	85	17:52.00	MCGRATH, BRIAN	ONTARIO, CANADA	2001

20K Road Race

F	50	35:46.098	CRANSON, JOANN	LAKE ODESSA, MI	2014
F	55	34:45.8	DOMAGALSKI, SANDRA	CLARKSTON, MI	2015
F	60	34:45.9	BOUDREAU, NANCY	ANN ARBOR, MI	2015
F	65	39:32.122	LAFEVE, LAURA	LEXINGTON, MI	2014
F	70	44:41.14	SANDERSON, JANET	QUINCY, MI	2007
F	75	44:00.241	SANDERSON, JANET	QUINCY, MI	2011
F	80	49:16.5	SANDERSON, JANET	QUINCY, MI	2015
M	50	31:57.52	GILBOE, WILLIAM	OAKLAND, MI	2007
M	55	31:32.00	BARTELS, GERALD	MT CLEMENS, MI	1993
M	60	29:36.00	HOGARTH, EDWARD	ONTARIO, CANADA	1993
M	65	30:28.00	GEORGAS, JIMMIE	ONTARIO, CANADA	1994
M	70	33:48.00	FEDRIGON, DON	LIVONIA, MI	1994
M	75	34:18.74	O'ROURKE, THOMAS	WEST BLOOMFIELD, MI	2010
M	80	36:08.3	KLEIN, RICHARD	HARRISON TWP, MI	2015
M	85	42:35.00	MCGRATH, BRIAN	ONTARIO, CANADA	1999

40K Road Race

F	50	1:10:55.652	CRANSON, JOANN	LAKE ODESSA, MI	2014
F	55	1:09:41.4	DOMAGALSKI, SANDRA	CLARKSTON, MI	2015
F	60	1:09:40.4	BOUDREAU, NANCY	ANN ARBOR, MI	2015
F	65	1:23:49.204	LEFEVE, LAURA	LEXINGTON, MI	2014
F	70	1:29:04.354	KOHEN, ROBETTA	FRANKFORT, MI	2010
F	75	1:28:35.377	SANDERSON, JANET	QUINCY, MI	2010
M	50	1:03:51.28	GILBOE, WILLIAM	OAKLAND, MI	2007
M	55	1:06:13.674	GILBOE, WILLIAM	OAKLAND, MI	2009
M	60	1:05:48.2	GILBOE, WILLIAM	OAKLAND, MI	2015
M	65	1:06:20.97	SMITH, JEFFREY	EAST LANSING, MI	2008
M	70	1:07:29.760	SMITH, JEFFREY	EAST LANSING, MI	2010
M	75	1:06:59.22	HUYGHE, ANTOON	DETROIT, MI	2008
M	80	1:15:52.61	GROVE, CARL	BRISTOL, IN	2012

State Records

NEW RECORDS SET IN 2016

GOLF					
F	50	75	GRABLE, KATHLEEN	FLAT ROCK, MI	2008
F	55	76	SCHNEIDER, CARLA	DEARBORN, MI	2010
F	60	72	KANG, SOPHIA	WEST BLOOMFIELD, MI	2008
F	65	76	KANG, SOPHIA	WEST BLOOMFIELD, MI	2014
F	70	78	PETRAITIS, YUN	TAYLOR, MI	2011
F	75	80	PETRAITIS, YUN	TAYLOR, MI	2014
F	80	82	VANDEBROKER, LILLIAN	DEARBORN HEIGHTS, MI	2003
F	85	89	VANDEBROKER, LILLIAN	DEARBORN HEIGHTS, MI	2006
F	90	55	STROMSTA, ROSE	KALAMAZOO, MI	2012
M	50	71	LOKERS, SCOTT	HAMILTON, MI	2010
M	55	70	GRABLE, BOB	FLAT ROCK, MI	2008
M	60	70	COVA, JOHN C	NOVI, MI	2011
M	65	71	ODORICO, ENRICO	MACOMB, MI	2006
M	70	75	WHITED, ALVIN	TAYLOR, MI	2006
M	70	75	ODORICO, ENRICO	MACOMB, MI	2013
M	75	74	LIBBY, CHARLES	PORT HURON, MI	1996
M	80	81	WRONSKI, STANLEY	OKEMOS, MI	2001
M	85	86	BAUER, ERV	ROCHESTER, MI	2006
M	90	96	LOKERS, RAYMOND	HAMILTON, MI	2012
M	95	103	OWEN, WILLIAM	FLINT, MI	2002
10K Road Race					
F	50	44:35.00	ZEEB, PEGGY	COLON, MI	2009
F	55	46:22.00	ZIDAR, MAGGY	PONTIAC, MI	2008
F	60	46:37.00	DOLAN, SHARON	DOLAN, SHARON	2006
F	65	48:23.00	DOLAN, SHARON	WESTPHALIA, MI	2008
F	70	1:26:25.00	BENDER, CAROL	ALBION, MI	2006
F	75	1:07:15.00	VARANI, MARY	STERLING HEIGHTS, MI	1996
M	50	37:05.00	RUFFIN, RONALD	DETROIT, MI	1999
M	50	37:05.00	CAUGHEY, CURTIS	KETERING, OH	2006
M	55	37:04.00	NICHOLSON, LARRY	ROCKFORD, MI	1992
M	60	39:01.00	TELLMAN, HARRY	HOLLAND, MI	1999
M	65	40:00.04	FORSHEE, JIM	ANN ARBOR, MI	1991
M	70	42:27.00	FORSHEE, JIM	ANN ARBOR, MI	1996
M	75	47:55.00	EVANS, JOHN	GRANDVILLE, MI	1992
M	80	1:01:50.00	ELGIE, DOUGLAS	ROCHESTER HILLS, MI	2014
5K Road Race					
F	50	20:43.00	ZEEB, PEGGY	COLON, MI	2009
F	55	22:13.00	BLAIR, JACQUELINE	DETROIT, MI	2012
F	60	21:49.00	DOLAN, SHARON	FOWLER, MI	2005
F	65	22:25.00	DOLAN, SHARON	WESTPHALIA, MI	2008
F	70	31:27.00	WIELAND, REBECCA	MIDLAND, MI	2011
F	75	31:36.00	VARANI, MARY	STERLING HEIGHTS, MI	1995
F	80	41:29.00	DEAN, CAROL	ROCHESTER, MI	2013
F	85	39:56.50	LUGERS, LEONA	HOLLAND, MI	1993
F	90	51:02.00	DAVID, CATHERINE	ANN ARBOR, MI	1995
M	50	17:58.00	SCOTT, KRAIG	FORT WAYNE, IN	2014
M	55	17:30.00	NICHOLSON, LARRY	ROCKFORD, MI	1992
M	60	18:35.00	MALACZYNSKI, GERARD	BLOOMFIELD HILLS, MI	2006
M	65	19:27.10	JOHNCOCK, JERRY	GRAND RAPIDS, MI	1993
M	70	20:09.00	FORSHEE, JIM	ANN ARBOR, MI	1996
M	75	22:41.00	EVANS, JOHN	GRANDVILLE, MI	1992
M	80	28:35.00	THORNBURG, JOE	TROY, MI	1996
M	85	31:45.00	GELMAN, ROBERT	ANN ARBOR, MI	2008
SWIMMING					
50 Backstroke					
F	50	00:37.42	DIEDO, MADDIE	DEARBORN HEIGHTS, MI	2012
F	55	00:33.88	CHURCH, BARBARA	ALLEN PARK, MI	2011
F	60	00:35.09	CHURCH, BARBARA	ALLEN PARK, MI	2012
F	65	00:40.81	CHARRON, EMMA JO	WHITE LAKE, MI	2013
F	70	00:48.68	CLARKE, MARY	GRAND RAPIDS, MI	2002
F	75	00:50.51	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
F	80	00:56.03	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
F	85	01:01.19	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2010
M	50	00:31.70	MANGE, DAVE	KALAMAZOO, MI	2008
M	55	00:31.73	MANGE, DAVE	KALAMAZOO, MI	2011
M	60	00:32.72	MANGE, DAVE	KALAMAZOO, MI	2015
M	65	00:33.02	BROMER, CARL	DAYTON, OH	2012
M	70	00:35.89	MARTIN, RAY	NORTHVILLE, MI	2009
M	75	00:41.06	DOBLER, WALLY	LANSING, MI	2010
M	80	00:45.91	HENRY, CECIL	BRETHREN, MI	2012
M	85	01:00.70	QUINN, FRED	WASHINGTON, MI	2015
M	90	01:50.31	CLARK, WELDON	NORTHVILLE, MI	2003
50 Breaststroke					
F	50	00:39.76	HETRICK, TERRY	ROCHESTER HILLS, MI	2012
F	55	00:40.86	STEIL, TAMARA	GRANDVILLE, MI	2012
F	60	00:41.71	STEIL, TAMARA	GRANDVILLE, MI	2015
F	65	00:45.26	CHARRON, EMMA JO	WHITE LAKE, MI	2012
F	70	00:54.24	CLARKE, MARY	GRAND RAPIDS, MI	2002
F	75	00:53.97	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
F	80	00:59.40	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
F	85	01:03.020	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2009
M	50	00:33.56	VARANASI, SEKHAR	TROY, MI	2004
M	55	00:33.81	VARANASI, SEKHAR	TROY, MI	2008
M	60	00:34.46	OLZMANN, KURT	ROCHESTER, MI	2009
M	65	00:35.03	OLZMANN, KURT	ROCHESTER, MI	2010
M	70	00:35.21	OLZMANN, KURT	ROCHESTER, MI	2015
M	75	00:41.55	DOBLER, WALLY	LANSING, MI	2010
M	80	00:59.26	QUIGLEY, ARON	NOVI, MI	2005
M	85	01:09.90	QUINN, FRED	WASHINGTON, MI	2015
50 Butterfly					
F	50	00:36.82	ROESCH, SUSAN	OAKLAND, MI	2012
F	55	00:35.45	KAY, MARY-CHRIS	PERRYSBURG, OH	2012
F	60	00:36.84	KAY, MARY-CHRIS	PERRYSBURG, OH	2013
F	65	00:42.00	CHARRON, EMMA JO	WHITE LAKE, MI	2011
F	70	00:43.09	CHARRON, EMMA JO	WHITE LAKE, MI	2015
F	75	00:49.81	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2000
F	80	00:55.13	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2008
F	85	00:55.850	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2009
M	50	00:26.85	FORT JR, ROBERT	STERLING HEIGHTS, MI	2008
M	55	00:28.37	PAWLOWSKI, MARK	THREE RIVERS, MI	2005
M	60	00:28.24	PAWLOWSKI, MARK	THREE RIVERS, MI	2006
M	65	00:31.11	OLZMANN, KURT	ROCHESTER, MI	2010
M	70	00:32.57	OLZMANN, KURT	ROCHESTER, MI	2015
M	75	00:35.34	DOBLER, WALLY	LANSING, MI	2010
M	80	00:41.95	DOBLER, WALLY	LANSING, MI	2014
M	85	01:18.79	DOUD, ROBERT	BATTLE CREEK, MI	2012
M	90	01:32.87	DOUD, ROBERT	BATTLE CREEK, MI	2013
50 Freestyle					
F	50	00:31.34	HETRICK, TERRY	ROCHESTER HILLS, MI	2010
F	55	00:29.44	SZYMCZAK, WENDY	ROCHESTER, MI	2015
F	60	00:31.06	HYPNAR, LISA	ROCHESTER HILLS, MI	2015
F	65	00:33.32	CHARRON, EMMA JO	WHITE LAKE, MI	2012
F	70	00:33.71	CHARRON, EMMA JO	WHITE LAKE, MI	2015
F	75	00:42.36	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
F	80	00:45.60	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
F	85	00:48.52	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2009
M	50	00:24.45	FORT JR, ROBERT	STERLING HEIGHTS, MI	2008
M	55	00:27.16	PAWLOWSKI, MARK	THREE RIVERS, MI	2000
M	60	00:26.81	CHAFFEE, PAUL	OWASSO, MI	2002
M	65	00:27.15	BROMER, CARL	DAYTON, OH	2012
M	70	00:28.3	OLZMANN, KURT	ROCHESTER, MI	2015
M	75	00:30.10	MARTIN, RAY	NORTHVILLE, MI	2012
M	80	00:33.29	DOBLER, WALLY	LANSING, MI	2014
M	85	00:34.22	EATON, JEFF	ST CLAIR SHORES, MI	2000
M	90	00:57.74	DOUD, ROBERT	BATTLE CREEK, MI	2013
100 Backstroke					
F	50	01:22.86	DIEDO, MADIE	DEARBORN HTS, MI	2010
F	55	01:13.5	CHURCH, BARBARA	WAYNE, MI	2011
F	60	01:15.80	CHURCH, BARBARA	ALLEN PARK, MI	2012
F	65	01:39.79	STRALEY, SUE	FLUSHING, MI	2001
F	70	01:47.14	CLARKE, MARY	GRAND RAPIDS, MI	2003
F	75	01:57.14	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2002
F	80	02:06.47	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2008
F	85	02:13.98	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2010
M	50	01:09.90	BEERS, JOHN	JENISON, MI	2000
M	55	01:12.6	MANGE, DAVID	KALAMAZOO, MI	2010
M	60	01:14.4	MANGE, DAVID	KALAMAZOO, MI	2015
M	65	01:14.71	BROMER, CARL	DAYTON, OH	2012
M	70	01:19.82	MARTIN, RAY	NORTHVILLE, MI	2009
M	75	01:47.78	CHOPP, CARLTON	ALLEGAN, MI	2005
M	80	01:37.25	DOBLER, WALLY	LANSING, MI	2014
M	85	02:39.69	CLASS, HARRY	KITCHNER, MI	2005
100 Breaststroke					
F	50	01:28.10	HETRICK, THERESE	ROCHESTER HILLS, MI	2012
F	55	01:30.04	STEIL, TAMARA	GRANDVILLE, MI	2013
F	60	01:32.3	STEIL, TAMARA	GRANDVILLE, MI	2015
F	65	01:40.31	CHARRON, EMMA JO	WHITE LAKE, MI	2012
F	70	02:03.88	BRUIN, PEGGY	BYRON CENTER, MI	2012
F	75	01:56.20	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2000
F	80	02:07.26	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2006
F	85	02:21.820	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2009
M	50	01:16.36	VARANASI,SEKHAR	TROY, MI	2004
M	55	01:16.23	DUBOIS, RONALD	PORTAGE, MI	2006
M	60	01:19.97	OLZMANN, KURT	ROCHESTER, MI	2009
M	65	01:16.8	OLZMANN, KURT	ROCHESTER, MI	2011
M	70	01:30.62	DOBLER, WALLY	LANSING, MI	2007
M	75	01:32.66	DOBLER, WALLY	LANSING, MI	2009
M	80	02:53.76	NORD, JAMES	EAST LANSING, MI	2014
M	85	03:24.97	EATON, JEFF	ST CLAIR SHORES, MI	2000
100 Butterfly					
F	50	01:31.32	STEIL, TAMARA	GRANDVILLE, MI	2008
F	55	01:27.81	KAY, MARY-CHRIS	PERRYSBURG, OH	2012
F	60	01:27.89	KAY, MARY-CHRIS	PERRYSBURG, OH	2013
F	65	01:53.10	BRUIN, PEGGY	BYRON CENTER, MI	2006
F	70	02:02.55	BRUIN, PEGGY	BYRON CENTER, MI	2012
F	75	01:53.31	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
F	80	02:04.29	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2008
F	85	01:59.830	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2009
M	50	01:04.91	HANSON, JAMES	MADISON AL	2010
M	55	01:08.16	PASH, GREGORY	TRAVERSE CITY, MI	2005
M	60	01:19.36	DEPON, PETER	SHELBY TWP, MI	2009
M	65	01:15.26	DOBLER, WALLY	LANSING, MI	2002
M	70	01:21.54	DOBLER, WALLY	LANSING, MI	2004
M	75	01:52.08	EDWARDS, FREDDY	DETROIT, MI	2000
M	80	02:14.45	DOUD, ROBERT	BATTLE CREEK, MI	2003
M	85	03:21.22	DOUD, ROBERT	BATTLE CREEK, MI	2012
M	90	03:30.01	DOUD, ROBERT	BATTLE CREEK, MI	2013
100 Freestyle					
F	50	01:10.14	HETRICK, TERRY	ROCHESTER HILLS, MI	2010
F	55	01:08.2	SZYMCZAK, WENDY	FARMINGTON HILLS, MI	2015
F	60	01:08.7	HYPNAR, LISA	ROCHESTER HILLS, MI	2015
F	65	01:20.11	CHARRON, EMMA JO	WHITE LAKE, MI	2012
F	70	01:19.2	CHARRON, EMMA JO	WHITE LAKE, MI	2015
F	75	01:33.12	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2000
F	80	01:52.36	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2008
F	85	01:54.11	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2009
M	50	00:58.04	WILLER,STECEN	PERRYSBURG, OH	2006
M	55	00:59.43	SCHWEIGERT, THOMAS	WATERFORD, MI	2009
M	60	01:03.00	DIGET, DAVID	MATTAWAN, MI	2003

State Records

NEW RECORDS SET IN 2016

100 Freestyle Continued....

M	65	01:02.45	OLZMANN, KURT	ROCHESTER, MI	2012
M	70	01:08.25	DOBLER, WALLY	LANSING, MI	2006
M	75	01:09.84	MARTIN, RAYMOND	NORTHVILLE, MI	2012
M	80	01:21.68	LOCKWOOD, JOEL	LAKE CITY, MI	2014
M	85	01:58.75	CLASS, HARRY	KITCHNER, MI	2005
M	90	02:08.16	DOUD, ROBERT	BATTLE CREEK, MI	2013

100 Ind. Medley

F	50	01:22.72	ROESCH, SUSAN	OAKLAND, MI	2012
F	55	01:23.13	ROESCH, SUSAN	OAKLAND, MI	2014
F	60	01:21.69	CHURCH, BARBARA	ALLEN PARK, MI	2014
F	65	01:31.07	CHARRON, EMMA JO	WHITELAKE, MI	2012
F	70	01:29.6	CHARRON, EMMA JO	WHITELAKE, MI	2015
F	75	01:53.08	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2002
F	80	02:05.02	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2006
F	85	02:12.3	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2011
M	50	01:10.05	HANSON, JAMES	MADISON, AL	2010
M	55	01:10.3	HANSON, JAMES	MADISON, AL	2011
M	60	01:12.2	TULL, DOUGLAS	ROCHESTER, MI	2015
M	65	01:11.00	OLZMANN, KURT	ROCHESTER, MI	2010
M	70	01:11.80	OLZMANN, KURT	ROCHESTER, MI	2015
M	75	01:22.28	DOBLER, WALLY	LANSING, MI	2009
M	80	01:33.96	DOBLER, WALLY	LANSING, MI	2014
M	85	02:57.39	DOUD, ROBERT	BATTLECREEK, MI	2012
M	90	02:56.21	DOUD, ROBERT	BATTLECREEK, MI	2013

200 Backstroke

F	50	02:59.13	DIEDO, MADDIE	DEARBORN HEIGHTS, MI	2012
F	55	02:42.7	CHURCH, BARBARA	ALLEN PARK, MI	2011
F	60	02:52.16	CHURCH, BARBARA	ALLEN PARK, MI	2012
F	65	03:46.21	CLARKE, MARY	GRAND RAPIDS, MI	2001
F	70	03:43.11	CLARKE, MARY	GRAND RAPIDS, MI	2002
F	75	03:57.16	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
F	80	04:18.42	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
F	85	04:34.15	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2010
M	50	02:26.11	THOMPSON, FRANK	WEST BLOOMFIELD, MI	2002
M	55	02:47.96	PASH, GREGORY	TRAVERSE CITY, MI	2006
M	60	02:49.8	MANGE, DAVE	KALAMAZOO, MI	2015
M	65	02:47.58	BROMER, CARL	DAYTON, OH	2012
M	70	03:04.5	CODY, FRANK	KALAMAZOO, MI	2011
M	75	02:55.57	MARTIN, RAY	NORTHVILLE, MI	2012
M	80	04:52.0	LESAGE, WILLIAM	ROCKWOOD, MI	2011

200 Breaststroke

F	50	03:11.95	GREBE, SUZANNE	MILFORD, MI	2014
F	55	03:13.75	STEIL, TAMARA	GRANDVILLE, MI	2009
F	60	02:24.18	GROSS, JANICE	LANSING, MI	2007
F	65	04:09.41	TROMBLY, SHERRY	MT. PLEASANT, MI	2014
F	70	04:38.03	BRUIN, PEGGY	BYRON CENTER, MI	2014
F	75	04:37.06	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2003
F	80	04:49.68	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2006
F	85	06:19.1	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2011
M	50	02:50.51	VARANASI, SEKHAR	TROY, MI	2004
M	55	02:44.94	DUBOIS, RONALD	PORTAGE, MI	2006
M	60	02:52.25	OLZMANN, KURT	ROCHESTER, MI	2008
M	65	02:50.98	OLZMANN, KURT	ROCHESTER, MI	2012
M	70	03:24.05	CODY, FRANK	KALAMAZOO, MI	2010
M	75	04:57.55	NORD, JAMES	EAST LANSING, MI	2007
M	80	05:10.19	DOUD, ROBERT	BATTLE CREEK, MI	2004
M	85	06:57.54	EATON, JEFF	ST CLAIR SHORES, MI	2000

200 Freestyle

F	50	02:36.86	ROESCH, SUSAN	OAKLAND, MI	2012
F	55	02:35.49	HILVERS, PAT	LIMA, OH	2012
F	60	02:34.7	HYPNAR, LISA	ROCHESTER HILLS, MI	2015
F	65	03:17.92	MCINTOSH, FRANCES	GUELPH, OT	2000
F	70	03:38.10	GOGOLA, LAURA J	BERKLEY, MI	2009
F	75	03:29.84	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
F	80	03:55.57	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2008
F	85	04:15.87	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2010
M	50	02:15.0	BRETZ, JEROME	ROCHESTER HILLS, MI	2011
M	55	02:17.64	PASH, GREGORY	TRAVERSE CITY, MI	2005
M	60	02:20.48	BUYS, JOE	ST CLAIR SHORES, MI	2006
M	65	02:25.18	BUYS, JOE	ST CLAIR SHORES, MI	2009
M	70	02:36.40	DOBLER, WALLY	LANSING, MI	2006
M	75	02:45.94	DOBLER, WALLY	LANSING, MI	2009
M	80	02:53.73	LOCKWOOD, JOEL	LAKE CITY, MI	2014
M	85	04:33.00	QUINN, FRED	WASHINGTON, MI	2015
M	90	06:16.20	SHEATHELM, REX	MUSKEGON, MI	2003

200 Ind. Medley

F	50	03:04.89	STEIL, TAMARA	GRANDVILLE, MI	2008
F	55	03:02.50	STEIL, TAMARA	GRANDVILLE, MI	2009
F	60	03:16.1	STEIL, TAMARA	GRANDVILLE, MI	2015
F	65	03:41.0	CHARRON, EMMA JO	WHITE LAKE, MI	2011
F	70	03:58.83	CLARKE, MARY	GRAND RAPIDS, MI	2002
F	75	03:52.30	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2000
F	80	04:08.97	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2006
F	85	04:41.07	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2010
M	50	02:30.37	THOMPSON, FRANK	WEST BLOOMFIELD, MI	2002
M	55	02:38.24	BUTTERFIELD, KRIS	HAMILTON, OH	2014
M	60	02:46.84	OLZMANN, KURT	ROCHESTER, MI	2009
M	65	02:42.38	OLZMANN, KURT	ROCHESTER, MI	2012
M	70	02:56.95	DOBLER, WALLY	LANSING, MI	2006
M	75	03:09.79	DOBLER, WALLY	LANSING, MI	2010
M	80	04:57.48	DOUD, ROBERT	BATTLE CREEK, MI	2004
M	90	06:49.88	DOUD, ROBERT	BATTLE CREEK, MI	2013

500 Freestyle

F	50	06:53.03	CHILDS, MARTHA	TROY, MI	2008
F	55	06:56.30	HILVERS, PAT	LIMA, MI	2012

F	60	07:25.30	STEIL, TAMARA	GRANDVILLE, MI	2015
F	65	08:38.86	GOGOLA, LAURA	BERKLEY, MI	2002
F	70	09:22.21	GOGOLA, LAURA	BERKLEY, MI	2006
F	75	09:45.1	GOGOLA, LAURA	BERKLEY, MI	2011
F	80	10:05.37	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
F	85	11:37.0	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2011
M	50	06:14.01	BROWN, THOMAS	CLINTON TWP, MI	2014
M	55	06:12.98	PASH, GREG	TRAVERSE CITY, MI	2006
M	60	06:27.53	BUYS, JOE	ST CLAIR SHORES, MI	2006
M	65	06:43.74	BUYS, JOE	ST CLAIR SHORES, MI	2009
M	70	07:13.67	DOBLER, WALLY	LANSING, MI	2007
M	75	09:37.95	GRAVES, RICHARD	TRAVERSE CITY, MI	2005
M	80	08:08.89	LOCKWOOD, JOEL	LAKE CITY, MI	2014

TRACK & FIELD

50M

F	50	0:00:07.93	JOHNSTON, RUTH	WARREN, MI	2015
F	55	0:00:08.02	SCOTTI, AMANDA	FOLSOM, MI	2015
F	60	0:00:07.90	KANTAK, GAIL	MIDLAND, MI	2013
F	65	0:00:09.41	SARNAIK, SHARADA	GROSS POINT WOODS	2013
F	70	0:00:10.75	THELEN, RUTH	ST. JOHNS, MI	2015
F	90	0:00:16.63	HOLLAND, MARY	COMSTOCK PARK, MI	2014
M	50	0:00:06.76	CAMPBELL, JOHN	MT. MORRIS, MI	2013
M	55	0:00:07.29	BURNS, ROBERT	COLUMBIAVILLE, MI	2015
M	60	0:00:06.94	BRYANT, N.Z.	WEST BLOOMFIELD, MI	2013
M	65	0:00:07.03	BRYANT, N.Z.	WEST BLOOMFIELD, MI	2015
M	70	0:00:07.74	BUTTS, TIMOTHY	FERNDALE, MI	2012
M	75	0:00:09.02	WHITE, JERRY	DEARBORN, MI	2012
M	80	0:00:09.7	HESSLER, DAVID	ANN ARBOR, MI	2015
M	85	0:00:10.90	TAYLOR, FREDDIE	INKSTER, MI	2014
M	90	0:00:13.50	HIPPLE, JACK	HAMBURG, MI	2014
M	95	0:00:22.06	WINTER, FREDERICK	HOLLAND, MI	2014

100M

F	50	00:14.45	KANTAK, GAIL	MIDLAND, MI	2004
F	55	00:15.27	SCOTTI, AMANDA	MUNITH, MI	2015
F	60	00:14.76	KANTAK, GAIL	MIDLAND, MI	2012
F	65	00:17.37	SARNAIK, SHARADA	GROSSE POINT, MI	2012
F	70	00:17.08	HOLLAND, MARY	COMSTOCK PARK, MI	1994
F	75	00:18.35	HOLLAND, MARY	COMSTOCK PARK, MI	1999
F	80	00:21.08	HOLLAND, MARY	COMSTOCK PARK, MI	2004
F	85	00:27.56	SEGAR, ALICE	WEST BRANCH, MI	2006
F	90	00:40.36	HOLLAND, MARY	COMSTOCK PARK, MI	2014
M	50	00:12.28	ZLOBICKI, ZIGGY	FARMINGTON HILLS, MI	2004
M	55	00:12.57	WALLACE, RALPH	ANN ARBOR, MI	2002
M	60	00:12.81	BUTTS, TIM	FERNDALE, MI	2003
M	65	00:13.06	SOCHOR, CHUCK	FERNDALE, MI	1994
M	70	00:14.68	OHEARN, JIMMY	MUSKEGON, MI	2008
M	75	00:14.78	SHAW, DEAN	HIGHLAND, MI	2002
M	80	00:15.50	KENNEL, TOM	SANTA ROSA BEACH, FL	2001
M	85	00:18.40	BOESENHOFER, JOHN	TOLEDO, OH	2000
M	90	00:22.10	ULANOFF, ABE	SOUTHFIELD, MI	2007
M	95	01:07.90	WINTER, FREDERICK	HOLLAND, MI	2014

200M

F	50	00:30.97	KANTAK, GAIL	MIDLAND, MI	2002
F	55	00:31.45	KANTAK, GAIL	MIDLAND, MI	2011
F	60	00:33.23	KANTAK, GAIL	MIDLAND, MI	2013
F	65	00:37.06	THELEN, RUTH	ST. JOHNS, MI	2012
F	70	00:40.12	THELEN, RUTH	ST. JOHNS, MI	2014
F	75	00:43.47	HOLLAND, MARY	COMSTOCK PARK, MI	1999
F	80	00:58.04	HOLLAND, MARY	COMSTOCK PARK, MI	2004
F	85	01:20.64	RAY, DOROTHY	PORTAGE, MI	2002
M	50	00:25.05	CAMPBELL, JOHN	MT. MORRIS, MI	2013
M	55	00:25.85	LLOYD, ROBERT	FENNVILLE, MI	1999
M	60	00:26.63	PIZZA, GREG	VISTA, CA	2015
M	65	00:27.04	COVEY, BRUCE	SOUTH HAVEN, MI	2011
M	70	00:30.04	HIPPLE, JACK	SOUTH LYON, MI	1994
M	75	00:31.29	SHAW, DEAN	HIGHLAND, MI	2002
M	80	00:35.20	KENNEL, TOM	SANTA ROSA BEACH, FL	2001
M	85	00:43.80	BOESENHOFER, JOHN	TOLEDO, OH	2000
M	90	00:54.10	ULANOFF, ABE	SOUTHFIELD, MI	2007

400M

F	50	01:12.40	KANTAK, GAIL	MIDLAND, MI	2007
F	55	01:13.70	KANTAK, GAIL	MIDLAND, MI	2011
F	60	01:17.69	KANTAK, GAIL	MIDLAND, MI	2013
F	65	01:26.11	THELEN, RUTH	ST. JOHNS, MI	2010
F	70	01:31.73	THELEN, RUTH	ST. JOHNS, MI	2014
F	75	01:57.04	HOLLAND, MARY	COMSTOCK PARK, MI	1999
F	80	02:18.30	HOLLAND, MARY	COMSTOCK PARK, MI	2004
F	85	03:24.25	RAY, DOROTHY	PORTAGE, MI	2002
M	50	00:54.86	WASSON, CHARLES	ORCHARD LAKE, MI	2008
M	55	00:57.75	LLOYD, ROBERT	FENNVILLE, MI	1999
M	60	01:01.30	COVEY, BRUCE	SOUTH HAVEN, MI	2007
M	65	01:01.90	COVEY, BRUCE	SOUTH HAVEN, MI	2011
M	70	01:11.40	BEALL, JAMES	WATERFORD, MI	2000
M	75	01:21.41	HIPPLE, JACK	SOUTH LYON, MI	1999
M	80	01:31.79	BYERS, HOWARD	DEERFIELD, IL	2008
M	85	02:05.40	LAWRENCE, PHIL	SUN LAKES, AZ	2001
M	90	02:08.30	WINTER, FREDERICK	HOLLAND, MI	2005
M	95	03:31.20	WINTER, FREDERICK	HOLLAND, MI	2010

800M

F	50	02:42.75	VINCENT, CHRISTINE	JACKSON, MI	2014
F	55	02:52.48	THELEN, RUTH	ST. JOHNS, MI	1999
F	60	02:53.84	FELTZ, DEBRA	WILLIAMSTON, MI	2012
F	65	03:07.97	BAUM, REBECCA	SPRINGFIELD, IL	2012
F	70	03:39.81	THELEN, RUTH	ST. JOHNS, MI	2014
F	75	04:39.10	VARANI, MARY	STERLING HEIGHTS, MI	1996
F	80	05:42.91	DEAN, CAROL	ROCHESTER HILLS, MI	2013
F	85	07:15.58	RAY, DOROTHY	PORTAGE, MI	2002

State Records

800M continued...

F	50	02:15.70	BARBER, BILL	LAINGSBURG, MI	2008
M	55	02:18.29	GAIDE, DALE	PARMA, MI	2002
M	60	02:28.93	MILLER, JACK	LEWIS CENTER, OH	1999
M	65	02:39.50	MALACZYNSKI, GERALD	BLOOMFIELD, MI	2008
M	70	02:43.30	BEALL, JAMES	WATERFORD, MI	2000
M	75	03:19.36	FREEMAN, GEORGE	SHELBY TWP, MI	2009
M	80	03:30.70	FREEMAN, GEORGE	SHELBY TWP, MI	2011
M	85	04:32.55	LAWRENCE, PHIL	SUN LAKES, AZ	1999
M	90	05:42.00	WINTER, FREDERICK	HOLLAND, MI	2006

1500M

F	50	05:37.18	BLAIR, JACQUELINE	DETROIT, MI	2008
F	55	06:02.66	BLAIR, JACQUELINE	DETROIT, MI	2014
F	60	06:03.86	FELTZ, DEBORAH	WILLIAMSON, MI	2012
F	65	06:21.45	BAUM, REBBECCA	SPRINGFIELD, IL	2012
F	70	07:36.43	THELEN, RUTH	ST. JOHNS, MI	2014
F	75	08:53.71	DEAN, CAROL	ROCHESTER, MI	2009
F	80	11:01.76	DEAN, CAROL	ROCHESTER, MI	2012
F	85	14:43.53	RAY, DOROTHY	PORTAGE, MI	2002
F	90	28:06.00	SAGE, ELEANOR	CLARE, MI	2002
M	50	04:40.88	BARBER, BILL	LAINGSBURG, MI	2008
M	55	05:05.00	RAVINS CROFT, ALVIN	GRAND RAPIDS, MI	1993
M	60	05:07.03	MALACZYNSKI, GERARD	BLOOMFIELD, MI	2006
M	65	05:10.55	MALACZYNSKI, GERARD	BLOOMFIELD, MI	2008
M	70	05:37.15	MALACZYNSKI, GERARD	BLOOMFIELD, MI	2012
M	75	06:32.88	EVANS, JOHN	GRANDVILLE, MI	1992
M	80	07:28.00	FREEMAN, GEORGE	SHELBY TWP, MI	2011
M	85	11:22.46	GOLDSTEIN, IRWIN	ROCHESTER HILLS, MI	2014
M	95		KALES, JAMES	WHITMORE LAKE, MI	2009

Discus

		Feet & Inches			Meters
F	50	92'14.00"	MCGINNESS, LINDA	LAKE CITY, MI	2003 28.397
F	55	87'5.00"	HARTZLER, MARY	GAHANNA, OH	2008 26.670
F	60	82'10.00"	GRIFFITH, CAROL	STURGIS, MI	2005 25.247
F	65	64'17.00"	MARTIN, CHERIE ANN	LASALLE, ON	2012 19.560
F	70	62'01.00"	BERMAN, JOAN	ANN ARBOR, MI	2010 18.95
F	75	69'10.19"	BERMAN, JOAN	ANN ARBOR, MI	2014 21.29
F	80	51'04.00"	GAWURA, JERRY	CANTON, MI	2000 15.646
F	85	41'04.85"	GAMBLE, CLARA	KALAMAZOO, MI	2014 12.62
F	90	25'00.79"	HOLLAND, MARY	COMSTOCK PARK, MI	2014 07.64
M	50	165'0.000"	BAILEY, DONALD	TRAVERSE CITY, MI	2010 50.290
M	55	147'02.00"	GOERGE, HILARY	LANSING, MI	2004 44.856
M	60	157'03.40"	SZNAIDER, CHRISTOPHER	ROCHESTER, MI	2013 47.940
M	65	154'11.84	HILARY, GOERGE	LANSING, MI	2013 47.240
M	70	117'07.00"	SAMPSON, CLIFFORD	CARLISLE, MI	1996 35.839
M	75	113'08.50"	EZERINS, KARLIS	THREE RIVERS, MI	2001 34.658
M	80	84'04.00"	ELLIOTT, KENNETH	GOOD HART, MI	1997 25.704
M	85	70'07.00"	ELLIOTT, KENNETH	GOOD HART, MI	1999 21.513
M	90	69'05.00"	SIMMONS, KENNETH	ANN ARBOR, MI	2000 21.158
M	95	31'06.74	WINTER, FREDERICK	HOLLAND, MI	2014 9.62
M	100	22'00.96	KALES, JAMES	WHITMORE LAKE, MI	2014 6.73

Hammer Throw

F	50		MARGRAVES, SHARRI	BATH, MI	2014 19.34
F	55		HARTZLER, MARY	GAHANNA, OH	2008 38.460
F	60	63'02.00"	GRIFFITH, CAROL	STURGIS, MI	2006 19.253
F	75		LEMANSKI, PATRICIA	KALAMAZOO, MI	2009 17.780
M	50		WETENHALL, JIM	SYLVANIA, OH	2008 52.990
M	55		SHIELDS, CARL	BROOKHAVEN, PA	2008 45.690
M	60		GOERGE, HILARY	LANSING, MI	2008 41.920
M	65		GOERGE, HILARY	LANSING, MI	2014 40.67
M	70		DINUNZIO, NICK	DETROIT, MI	2009 24.040
M	75		SMALL, RONALD	FAIRFIELD, OH	2013 29.40
M	85		EZERINS, KARLIS	THREE RIVERS, MI	2012 30.07
M	90	24'08.00"	WINTER, FREDERICK	HOLLAND, MI	2006 7.5184

High Jump

F	50	3'10.00"	KANTAK, GAIL	MIDLAND, MI	2005 1.1684
F	55	4'02.00"	MARTIN, CHERIE ANN	LASALLE ONTARIO	2000 1.27
F	60	3'06.00"	HINSHON, NANCY	NORTHVILLE, MI	1999 1.0668
F	65	3'08.00"	MARTIN, CHERIE ANN	LaSALLE, ON	2011 1.1582
F	70	3'05.34"	MARTIN, CHERIE ANN	LaSALLE, ON	2014 1.05
M	50	5'04.00"	KRAKER, MIKE J	HAMILTON, MI	2008 1.626m
M	55	5'00.00"	KRAKER, MIKE J	HAMILTON, MI	2011 1.524
M	60	4'08.00"	NEWMAN, ROGER	OTSEGO, MI	1996 1.4224
M	65	4'08.00"	MONROE, LOREN	DETROIT, MI	2000 1.4224
M	70	4'04.00"	GREEN, FRANCIS	NILES, MI	1994 1.3208
M	75	4'00.00"	BOESENHOFER, JOHN	TOLEDO, OH	1991 1.2192
M	80	3'61.00"	RAYNOR, ALAN	LAKE ORION, MI	2013 1.10
M	80	3'61.00"	RAYNOR, ALAN	LAKE ORION, MI	2015 1.10
M	85	3'08.00"	BOESENHOFER, JOHN	TOLEDO, OH	2000 1.1176

Javelin

F	50	92'09.38"	MCKEE, LEANN	OLMSTED, OH	2014 28.28
F	55	89'02.75"	GRIFFITH, CAROL	STURGIS, MI	2000 27.197
F	60	86'05.40"	KAY, MARY-CHRIS	PERRYSBURG, OH	2014 26.35
F	65	80'00.00"	MARTI, CHERIE ANN	LaSALLE, ON	2011 24.384
F	70	71'05.08	MARTI, CHERIE ANN	LaSALLE, ON	2014 21.77
F	75	56'7.60"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2009 17.300
F	80	42'6.50"	GAMBLE, CLARA	KALAMAZOO, MI	2008 13.000
F	85	35'11.00"	GAWURA, JERRY	CANTON, MI	2004 10.947
F	90	26'07.68"	HOLLAND, MARY	COMSTOCK PARK, MI	2014 08.12
M	50	146'08.50"	GOERGE, HILARY	LANSING, MI	2001 44.716
M	55	176'06.11"	GREENE, CHUCK	BEAVERCREEK, OH	2015 53.8
M	60	146"	BLOWERS, MICHAEL	PORTAGE, MI	2008 44.550
M	65	140'00.00"	KOSTER, STANLEY	HOLLAND, MI	2001 42.672
M	70	131'05.00"	KOSTER, STANLEY	ZEELAND, MI	2006 40.055
M	75	128'01.00"	KOSTER, STANLEY	ZEELAND, MI	2010 39.014
M	80	113'8.96"	KOSTER, STANLEY	ZEELAND, MI	2015 34.67
M	85	68'10.00"	EXERINS, KARLIS	THREE RIVERS, MI	2012 20.980
M	90	43'04.05"	WINTER, FREDRICK	HOLLAND, MI	2005 13.209
M	95	38"	KALES, JAMES	WHITMORE LAKE, MI	2009 11.670
M	100	22'04.11"	KALES, JAMES	WHITMORE LAKE, MI	2014 06.81

Long Jump

F	50	15'42.00"	GOTHRO-DEFEVER, KATHY	ASHLEY, MI	2003 5.6388
F	55	12'14.00"	SARNAIK, SHARADA	GROSSE POINTE, MI	2003 4.0132
F	60	11"	SARNAIK, SHARADA	GROSSE POINTE, MI	2008 3.569
F	65	10'10.00"	SARNAIK, SHARADA	GROSSE POINTE, MI	2011 3.25
F	70	9'02.75"	DUGAL, CAROL	GRAND BLANC, MI	2002 2.8130
F	75	9'05.00"	HOLLAND, MARY	COMSTOCK PARK, MI	1999 2.8702
F	80	8'70.00"	HOLLAND, MARY	COMSTOCK PARK, MI	2004 4.2164
F	90	4'08.00"	HOLLAND, MARY	COMSTOCK PARK, MI	2014 1.4244
M	50	17'04.75	JACOBS, THOMAS	ROCHESTER, MI	2014 5.3023
M	55	16'09.57"	BUNKET, DONALD	APPLECREEK, OH	2015 5.12
M	60	16"	COVEY, BRUCE	SOUTH HAVEN, MI	2008 5.022
M	65	16'07.21"	COVEY, BRUCE	SOUTH HAVEN, MI	2013 5.06
M	70	14'04.00"	TINDLE, BERRY	HIGHLAND PARK, MI	2012 4.3688
M	75	13"	ROTHLEY, WILLIAM	LIVONIA, MI	2008 4.222
M	80	10'07.56"	RAYNOR, ALAN	LAKE ORION, MI	2013 3.24
M	85	9'04.50"	BOESENHOFER, JOHN	TOLEDO, OH	2002 2.8575
M	90	8'07.00"	BOESENHOFER, JOHN	TOLEDO, OH	2005 2.6162
M	95	6"	KALES, JAMES	WHITMORE LAKE, MI	2009 1.832
M	100	4'04"	KALES, JAMES	WHITMORE LAKE, MI	2014 1.3208

Pole Vault

F	50	5'06.00"	MCGINNESS, LINDA	LAKE CITY, MI	2003 1.6764
F	55	5'06.00"	MCGINNESS, LINDA	LAKE CITY, MI	2006 1.6764
F	60	5'03.00"	MCGINNESS, LINDA	LAKE CITY, MI	2010 1.5331
F	65	4'06.72	MCGINNESS, LINDA	LAKE CITY, MI	2015 1.39
M	50	11'00.00"	KOOYER, WALT	HOLLAND, MI	2000 3.5052
M	55	11'04.00"	KOOYER, WALT	HOLLAND, MI	2004 3.3528
M	60	10'06.50"	PRETHER, CRAIG	HASLETT, MI	2013 3.200
M	65	10'06.00"	KILPELAINEN, MATTI	CANTON, MI	2014 3.2004
M	70	11'0.28"	KILPELAINEN, MATTI	CANTON, MI	2015 3.36
M	75	6'01.00"	ROOT, BOB	NILES, MI	2009 2.133
M	80	6'02.00"	ROOT, BOB	NILES, MI	2014 1.8796
M	85	5'00.00"	BOESENHOFER, JOHN	TOLEDO, OH	2000 1.524
M	90	3'06.00"	BOESENHOFER, JOHN	TOLEDO, OH	2005 1.0668

Shot Put

F	50	37'09.00"	SZANTO, ERIKA	OLMSTED FALLS, OH	1996 11.506
F	55	34"	HARTZLER, MARY	GAHANNA, OH	2008 10.390
F	60	29'06.00"	KANTAK, GAIL	MIDLAND, MI	2013 8.9916
F	65	27'11.00"	MARTIN, CHERIE	LASALLE, ON	2012 8.5090
F	70	24'09.64"	MARTIN, CHERIE	LASALLE, ON	2014 7.56
F	75	25'09.00"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2012 7.8486
F	80	19'04.28	LEMANSKI, PATRICIA	KALAMAZOO, MI	2014 5.9
F	85	17'00.00"	GAWURA, DOROTHY	PORTAGE, MI	2005 5.1816
F	90	13'09.75"	HOLLAND, MARY	COMSTOCK PARK, MI	2015 4.21
M	50	46'05.48"	KENWELL, DAN	CLARKSTON, MI	2014 14.16
M	55	45'02.75"	GOERGE, HILARY	LANSING, MI	2006 13.785
M	60	49"	GOERGE, HILARY	LANSING, MI	2008 14.940
M	65	45'06.45"	GOERGE, HILARY	LANSING, MI	2013 13.88
M	70	46'08.00"	LOOMAN, HERBERT	KENTWOOD, MI	1991 14.224
M	75	36'07.37"	FRITZ, EDWARD	WEST BRANCH, MI	2014 11.16
M	80	32'11.00"	EZERINS, KARLIS	THREE RIVERS, MI	2010 10.033
M	85	31'11.00"	EZERINS, KARLIS	THREE RIVERS, MI	2012 9.7282
M	90	22'04.25"	SIMMONS, KENNETH	ANN ARBOR, MI	2000 6.8135
M	95	14'11.00"	WINTER, FREDERICK	HOLLAND, MI	2010 4.3007
M	100	10'09.92	KALES, JAMES	WHITMORE LAKE, MI	2014 3.3

Triple Jump

F	50	11'00.50"	TINGLEY, VICKI	GRAND RAPIDS, MI	2014 3.3655
F	55	17'08.20"	TAYLOR, JOANN	MIDLAND, MI	2015 5.39
F	60	23'10.50"	SARNAIK, SHARADA	GROSSE POINTE, MI	2008 7.277
F	65	22'03.00"	SARNAIK, SHARADA	GROSSE POINTE, MI	2011 6.78
F	70	14'06.40"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2007 4.430
F	75	15'02.82"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2009 4.644
F	80	14'04.00"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2014 4.3688
M	50	33'01.00"	BARBER, WILLIAM	LAINGSBERG, MI	2011 10.088
M	55	37'10.72"	BUNKER, DONALD	APPLE CREEK, OH	2015 11.55
M	60	31'04.00"	GUSTOVICH, GEORGE	NILES, MI	2011 9.570
M	65	27'01.23"	DANA, RICHARD	CALUMET, MI	2008 8.261
M	70	24'04.98"	BECKMAN, PAUL	GRANBERRY, TX	2008 7.442
M	75	25'06.50"	ROTHLEY, WILLIAM	LIVONIA, MI	2009 7.785
M	80	24'06.00"	RAYNOR, ALAN	LAKE ORION, MI	2014 7.4676
M	85	20'05.28"	FIORILLO, MICHAEL	WATERFORD, MI	2015 6.23
M	90	14'11.92"	KALES, JAMES	WHITMORE LAKE, MI	2008 4.570
M	95	14'03.50"	KALES, JAMES	WHITMORE LAKE, MI	2009 4.356
M	100	10'06.00"	KALES, JAMES	WHITMORE LAKE, MI	2014 3.2004

RACEWALK

F	50	8:15.00	TOPHAM, DEBBIE	MAYVILLE, MI	2006
F	55	8:25.79	TOPHAM, DEBBIE	MAYVILLE, MI	2008
F	60	8:20.70	PARKS, JOANNE	LAPEER, MI	1996
F	65	9:54.780	TICHY, WALDA	ST. CLAIR SHORES, MI	2009
F	70	10:34.00	KENNEY, FRANCES	GRAND RAPIDS, MI	1994
F	75	11:39.02	NICHOLS, MARY	DEARBORN, MI	1991
F	80	12:04.90	SEGAR, ALICE	WEST BRANCH, MI	2005
F	85	11:55.00	SEGAR, ALICE	WEST BRANCH, MI	2007
F	90	19:21.45	HOLLAND, MARY	COMSTOCK PARK, MI	2013
M	50	6:46.23	SWARTS, DAVID	JACKSON, MI	2015
M	55	6:51.00	ELWARNER, JOHN	STERLING HEIGHTS, MI	1996
M	60	6:59.30	GREEN, MAX	TAYLOR, MI	1996
M	65	8:20.80	MCKAY, KENNETH	MT MORRIS, MI	1996
M	70	8:26.50	ACTON, HUGH	AUGUSTA, MI	1996
M	75	9:17.00	FERGUSON, ROBERT	ST JOSEPH, MI	2007

State Records

5K Racewalk

F	50	29:34.70	TOPHAM, DEBBIE	MAYVILLE, MI	2007
F	55	30:38.10	TICHY, WALDA	WHITE LAKE, MI	1996
F	60	30:16.64	TOPHAM, DEBBIE	MAYVILLE, MI	2015
F	65	34:11.00	TICHY, WALDA	ST. CLAIR SHORES, MI	2009
F	70	36:13.05	KENNY, FRANCES	GRAND RAPIDS, MI	1993
F	75	39:08.00	NICHOLS, MARY	DEARBORN, MI	1991
F	80	41:24.00	SEGAR, ALICE	WEST BRANCH, MI	2005
F	85	41:14.20	SEGAR, ALICE	WEST BRANCH, MI	2007
M	50	23:35.12	SWARTS, DAVID	JACKSON, MI	2015
M	55	29:16.00	SACK, RICK	PARCHMENT, MI	2004
M	60	25:18.10	GREEN, MAX	TAYLOR, MI	1996
M	65	30:45.00	ELWARNER, JOHN	STERLING HEIGHTS, MI	2004
M	70	32:13.00	JEROME, JERRY	BIRMINGHAM, MI	1991
M	75	34:49.00	FERGUSON, ROBERT	ST JOSEPH, MI	2009
M	80	36:24.60	ULANOFF, ABE	SOUTHFIELD, MI	1996
M	85	37:75.00	ULANOFF, ABE	SOUTHFIELD, MI	2005
M	90	44:04.00	ULANOFF, ABE	SOUTHFIELD, MI	2007

Triathlon

F	50	1:09:24.00	STEIL, TAMARA	GRANDVILLE, MI	2006
F	55	1:15:51.00	STEIL, TAMARA	GRANDVILLE, MI	2013
F	60	1:16:48.00	BOURDREAU, NANCY	ANN ARBOR, MI	2013
F	65	1:26:09.00	STRALEY, SUE	FLUSHING, MI	2004
F	70	1:23:30.00	ACTON, PEGGY	MINISTEE, MI	2006
F	75	2:09:36.00	SKROCKI, MARY	SUTTONS BAY, MI	2014
M	50	0:57:57.00	BRINKER, JOHN	STEVENSVILLE, MI	2006
M	55	1:04:02.84	FRIES, DERRICK	CLARKSTON, MI	2012
M	60	1:05:19.00	FRIES, DERRICK	CLARKSTON, MI	2013
M	65	0:55:16.00	VANBLARICUM, HARLAN	DEXTER, MI	2006
M	70	1:12:25.00	LOVAT, JAMES	WARREN, MI	1996
M	75	1:20:44.00	ACTON, HUGH	AUGUSTA, MI	2000
M	80	1:28:47.00	ACTON, HUGH	AUGUSTA, MI	2006
M	85	1:54:49.41	ACTON, HUGH	AUGUSTA, MI	2010

POWERLIFTING

Bench Press

M50	165	240	FULLER, JAMES	FLINT, MI	W2016
M50	181	265	ANDERSON, CHARLIE	FENTON, MI	W2015
M50	198	315	CARROLL, GLENN	LEONARD, MI	S2014
M50	220	410	FLYNN, RICO	FLINT, MI	W2015
M50	308	405	CAMPION, JEFF	LAKE ORION, MI	W2014
M55	198	320	ELLIS, JEFFREY	WEST BLOOMFIELD, MI	W2014
M55	220	355	ZARTARIAN, MARK	FARMINGTON HILLS, MI	W2016
M55	242	385	MILLER, KEVIN	LAINSBURG, MI	S2014
M55	275	275	MICHAYLUK, MICHAEL	DAVISBURG, MI	S2014
M60	165	215	FREED, MAURICE	LAPEER, MI	W2016
M60	181	225	MCCARTHY, RICHARD	UTICA, MI	W2016
M60	198	275	DWYER, DAVID	LIVONIA, MI	S2014
M60	220	360	MCKAY, JEROME	FLINT, MI	W2015
M60	242	265	COUGHANOUR, MARK	HOWELL, MI	S2014
M65	148	180	WOODS, SHOOTER	BRIGHTON, MI	S2014
M65	165	220	PANDOFF, LARRY	COMMERCE, MI	S2015
M65	181	270	BOKUNIEWICZ, LEN	GRAND HAVEN, MI	W2014
M65	198	300	LEONE, ROLAND	CHESTERFIELD	W2016
M70	198	165	MILLER, CECIL	FLINT, MI	W2016
M70	220	275	DRIVER, EDWARD	FLINT, MI	W2015
M70	242	270	FULKER, BRADLEY	IRA, MI	W2015
M70	275	180	KRAUSS, GARY	CLINTON, MI	S2014
M75	181	195	PIETRASZKIEWICZ, JOSEPH	ROCHESTER HILLS, MI	S2014
M75	242	245	FULKER, BRADLEY	IRA, MI	W2016
M75	308	215	KRAUSS, GARY	CLINTON, MI	W2016
F50	148	130	ANDERSON, SUZANNE	FENTON, MI	W2015
F50	198	150	MARGRAVES, SHARRI	BATH, MI	W2015
F55	198	90	BARBER-MARTIN, CLAUDIA	SOUTH LYON, MI	W2015
F60	132	120	KANTAK, GAIL	MIDLAND, MI	W2015
F60	165	80	OLIVERO, CHRISTINE	TROY, MI	W2015
F60	198	95	LANJOPOULOS, CHARMARINE	GRAND LEDGE, MI	S2015
F65	198	90	CARNEY, BARBARA	REDFORD, MI	W2015
F70	165	105	ROSSOL, ARLEEN	ROCHESTER, MI	S2015

Deadlift

M50	220	511	ELBERT, BRIAN	FLINT, MI	W2015
M55	198	355	WALKER, OTHEL	FLINT, MI	W2016
M55	220	370	KOWALSKI, MARK	COMMERCE TWP, MI	S2015
M60	165	250	FREED, MAURICE	LAPEER, MI	W2016
M60	198	280	DWYER, DAVID	LIVONIA, MI	S2015
M60	220	365	KOWALSKI, MARK	COMMERCE TWP, MI	W2016
M60	242	353	COUGHANOUR, MARK	HOWELL, MI	W2015
M65	165	375	WHITE, ROBERT	NILES, MI	W2016
M65	181	200	PANDOFF, LARRY	COMMERCE TWP, MI	W2016
M65	198	355	ANDERSON, PHIL	ROCHESTER HILLS, MI	W2016
M65	220	313	SALVADOR, THOMAS	FLINT, MI	W2015
M70	220	253	MORABITO, ANTHONY	COLUMBUS, MI	W2015
M70	242	300	FULKER, BRADLEY	IRA, MI	S2015
M75	198	325	PEARCE, BILL	ROSCOMMON, MI	S2015
M75	242	275	FULKER, BRADLEY	IRA, MI	W2016
M75	275	280	KRAUSS, GARY	CLINTON, MI	S2015
F50	148	215	ANDERSON, SUZANNE	FENTON, MI	W2015
F50	198	303	MARGRAVES, SHARRI	BATH, MI	W2015
F60	165	200	OLIVERO, CHRISTINE	TROY, MI	W2015
F65	198	153	CARNEY, BARBARA	REDFORD, MI	W2015
F70	132	145	DORN, BARBARA	CLARKSTON, MI	S2015
F70	165	133	BLUMERICK, MARIKA	SHELBY TWP, MI	W2015